

# Sexual Health Services Referral Guide

## Cass Lake-Bena Schools

A referral process has been adopted to ensure services are confidential, respectful treatment and deliver of culturally-appropriate care at no charge or low cost and are easy for youth to access. State and federal regulations allow minors to access medical, mental or other health services to determine the presence or treatment of pregnancy and conditions associated with pregnancy, sexually transmitted infections and alcohol or other drug abuse. Students may access these services without parental consent or notification. Release from school shall be handled confidentially by the school nurse, counselor or social worker. Cass Lake-Bena Schools assists students in obtaining sexual health services by connecting students to adolescent-friendly providers and support services.

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### **Sexual Health Service Providers** \*Distance listed from Cass Lake-Bena High School

#### **Cass Lake Indian Health Services (2.1 miles)**

425 7th St. NW Cass Lake, MN  
(218) 335-3200

Days/Hrs of operation: 24 hrs/7 days per wk.

Walk-ins accepted or call to schedule an appointment  
Services provided include: *STD & HIV Testing, Treatment & Vaccines; Birth Control & Emergency Contraception; Pregnancy Testing & Services; Condom Availability*

#### **Wadiswan (The Nest) (2.3 miles)**

6055 161st Street NW Cass Lake, MN  
(218) 335-8315

Days/Hrs of operation: Every Tues., 5:00-6:30PM

Walk-ins accepted  
Services provided include: *STD & HIV Testing, Treatment & Vaccines; Birth Control & Emergency Contraception; Pregnancy Testing; Condom Availability*

#### **Sanford Health Cass Lake (1.3 miles)**

1216 2nd St. SW Cass Lake, MN  
(218) 335-2559

Days/Hrs of Operation: Mon-Fri 8:00AM-5:00PM

Need appointment, schedule by calling or online  
Services provided include: *STD & HIV Testing, Treatment & Vaccines; Birth Control & Emergency Contraception; Pre Pregnancy Testing & Services; No condom availability*

#### **Sanford Health Walker (19.3 miles)**

614 Michigan Ave W Walker, MN  
(218) 547-7700

Days/Hours of Operation: Mon-Fri, 8:00AM-5:00PM

Need appointment, schedule by calling or online for sexual health services

Services provided include: *STD & HIV Testing, Treatment & Vaccines; Birth Control & Emergency Contraception; Pregnancy Testing & Services; Condom availability*

#### **Northwoods Pregnancy Care Center (17.4 mi)**

609 Bemidji Ave N. Bemidji, MN  
(218) 444-3035

Days/Hrs of Operation: Mon, Weds, Thurs, 11:00AM-4:00PM; Tues 11:00AM-7:00PM;

Sat by appt. only

Walk-ins accepted or call to schedule an appt.

Services provided include: *Pregnancy Testing; Pregnancy Support and Education; Transportation assistance for appointment*

#### **Walker Area Pregnancy Support (19.3 mi.)**

507 Front St NW Walker, MN  
(218) 547-5433

Days/Hrs of Operation: Mon-Thurs, 11:00AM-4:00PM

Walk-ins accepted or call to schedule an appointment  
Services provided include: *Pregnancy Testing; Pregnancy Support and Education; Family Planning Services; No condom availability*

#### **Planned Parenthood (21.1 miles)**

2504 Hannah Ave. NW Bemidji, MN 56601  
(218) 751-8683

Days/Hrs of Operation: Tues 11:00-5:00PM; Weds 11:00-5:00PM; Fri 9:00-2:00PM

Walk-ins accepted or call or schedule online to make appt.

Services provided include: *STD & HIV Testing & Vaccines; Birth Control & Emergency Contraception; Pregnancy Testing & Services; Condom Availability*