



Follow up to 9-25-19 CLB meeting:

Attendees included: Bryan, Karolyn, Deb, Melissa, Henry, Kathy, Josh, Ellen, Jake, Terri, Jeremy

- **Updated SHI online for last year's action items:**
 - Module 4: Physical Education and Physical Activity
 - Professional Development for PE teachers (PA.15)
 - Moved from a 1 to a 3

- **Return completed SHI modules to Terri when completed, ideally by 10-31-19**

- **Terri will work with Bryan to schedule Mike Kuczala for a training in Feb. 2020. More info on Mike can be found here: <http://www.mikekuczala.com/>**

- **Generated a list of SHI action items for 2019-2020 school year, ideas brainstormed at the meeting so far include:** (Bryan and Karolyn will work with Terri to complete financial grant agreement and consensus will be built at next wellness meeting)
 - Physical Education/Physical Activity-PA 16: Professional development for classroom teachers
 - Could be an action item met with Mike Kuczala at in service in Feb. (no cost to district)
 - Currently a 1, under development
 - Physical Education/Physical Activity-PA 20: Availability of physical activity breaks in the classrooms
 - Could be an action item met with Mike Kuczala at in service in Feb. (no cost to district)
 - Currently a 2, partially in place
 - Physical Education/Physical Activity-PA 19: Availability of physical activity opportunities before or after school
 - Could be an action item met with volleyball, training of OST staff in infusing more physical activity in programming
 - Currently a 2, partially in place

- Nutrition- N.14. Farm to School Activities
 - To support expanding the grab and go salad options, local procurement of wild rice and beef
 - Currently a 2, partially in place
- Policies/Environment- PA 2. Recess
 - To support expanding opportunities such as basketball
 - Could be an action item to support active seating, pedal bikes and energizers training for secondary
 - Currently a 2, partially in place
- **Terri, Bryan, and Karolyn follow up after next meeting for the financial grant agreement**
 - Terri will work with them to ensure all purchases are tied to SHI action items
 - Allow 2 weeks for CDC and MDE approval
 - Must have a Official Grant Award Notification before purchases can be made
 - Funding must be used by 6-29-20
- **Share MSS powerpoint with staff**
 - Good discussion around data
 - Will follow up with breakdown on building level reports of bullying/harassment
- **Terri will send purpose/objectives of pre-summit 1801 meeting on Monday, 11/18 from 1:00-4:00**
- **District staff will need to register for the Every Kid Healthy Conference on Tuesday, 11/19**
 - CLB has selected Deb, Melissa, and Kathy to attend
 - A 3-5 minute presentation is requested for CLB to showcase their work
 - Register: <https://www.actionforhealthykids.org/event/every-kid-healthy-minnesota-conference/>
- **Next meeting: 11/21/19 @ 11:00**

